



HELLENIC FEDERATION OF SPORTS COACHES AND TRAINERS

PRESS RELEASE

GREAT SUCCESS FOR THE COACHES SEMINARS HELD BY THE HELLENIC FEDERATION OF SPORTS COACHES (POPA) AND TRAINERS AND TRAINERAKADEMIE KOELN, IN ATHENS-HELLAS.



A snapshot of participants in the 1st Training Training Seminar for federal coaches of POPA and Trainerakademie Koeln, held at the Grand Auditorium of the Hellenic Olympic Committee. In the middle, among the participating coaches, the Secretary General of the Hellenic Olympic Committee Mr Manolis Kolybadis, the member of the Executive Committee of the Hellenic Olympic Committee Mr. Polyxeni Argitakis, Mr. Mirco Theurer teacher of the Seminar, the President of POPA, Mr. Athanasios D. Villiotis, the General Secretary of POPA Mr. Dimitris Stephanidis, the Treasurer of POPA Mr. Philippos Economou, and the member of the Board of Directors of POPA Mr. Kostas Grekas.



A snapshot of participants at the 1st Coaches Seminar organized by POPA and Trainerakademie Koeln, held at the Grand Amphitheater of SEFA Athens. More than 100 Coaches and Physical Education and Sport Science Students attended the Seminar.

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The Hellenic Federation of Sports Coaches and Trainers (POPA), implementing the co-operation agreement signed with Trainerakademie Koeln, for the permanent training of the Greek Coaches of all sports, held on the 22nd, 23rd and 24th April 2018, the first two Coaches Seminars on "Monitoring-an essential tool for the control of training".

The first Seminar, on the 22 of April, concerned the Coaches of sports clubs of all sports, as well as students of Physical Education and Sport Science and was held at the Grand Amphitheater of the Athens School of Physical Education and Sport Science, of the Athens National and Kapodistrian University. Participants exceeded one hundred.

The second Seminar took place on April 23 and 24, at the big Auditorium of the Hellenic Olympic Committee, was of a higher level, as it included practical application of what the participants were taught and concerned the federal coaches of all sports. There were thirty federal coaches of various sports involved in this.

The participants of both Seminars congratulated the members of the World Sport Organization on its important initiative for the benefit of Greek coaches, as well as the high level of knowledge they received from the Seminars, which will find practical application in the coaching process.

The lecturer of the Seminars was the Researcher of the Trainerakademie Koeln Mr. Mirco Theurer.

The Seminars were held under the auspices of the Hellenic Olympic Committee, which warmly supported this initiative of POPA, the Hellenic Paralympic Committee, the ICCE, members of which are POPA and Trainerakademie Koeln and the Hellenic Sporting Federation of the Deaf. Significant was the support of the Seminars by the Hellenic Taekwondo Federation.

The Seminars will continue for Coaches of each individual sport as well as for other topics of general coaching interest.